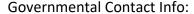
America Abandoned

Jill Cody M.P.A.

Bold-Citizenship Activism Ideas

5-20-20



U.S. Capital Switchboard: 202-224-3121 Whitehouse: www.whitehouse.gov

White House Online Form: www.whitehouse.gov/contact/#page



Shaming:

- Protest and march: Join as many as you can (protect right, i.e. laws against in red states)
- Blow up the phones: Put local federal/state elected representatives in your phone
- Postcards: **USPS** postcards are \$0.38 (letters to Wash D.C. still go thru pre-screening)
- FreeFax.com: Register/100% supported by advertising or https://resist.bot for texting
- Subscribe to your local newspapers keep them alive!
- Pick 1,2 or 3 passionate cause(s) to join/fund/participate. Double down efforts.
- Join a local **Indivisible** Group: https://www.indivisibleguide.com

Shunning:

- Shun banks by moving personal business to local credit unions.
- Shun companies that support libertarian/conservative ideologies thru **BuyPartisan** App. The app scans a barcode, discover a company's political spending, and make informed purchasing decisions. Spend according to your values.
- Shun Koch Industries and other corporations that abuse corporate responsibility thru **Buycott App**. The app allows shoppers to check barcodes and vote with their wallet.
- Shun companies that do not enact climate change and sustainable practices.

ClimateCounts.org app lists companies by industry and rates how they reduce their impact.

Funding:

- Identify your passionate issues and support them. Even if you only have \$5, make it monthly.
- Change your cell phone's telecommunication company to **CREDO**. Since 1981, CREDO has been a progressive, non-profit company donating \$150,000 month to progressive organizations.

Voting: 2020!!

- Advocate for vote-by-mail. Join www.vote.org and www.votefromhome2020.org
- Fight for the affirmative right to vote (the right to vote is not in the Constitution!)
- Encourage 18-34yrs to run for office. They are our farm team. Join Run for Something & Sunrise!

Actions to consider:

- Sign up for: Americans of Conscience Checklist and an act weekly to save democracy.
- Create your personal, passionate plan (with constructive outrage) and implement daily
- Vote your values at www.iCitizen.com site for politicians to learn what we-the-people think
- Aspiration Bank: Sustainable Investing 10% of revenue to charity
- Arcadia Power (or similar) 50% free wind power/ contracted with PG&E
- Join Flip the Senate and Swing Left action groups for 2020
- Books on activism: Me, the People and The Citizen Lobbyist
- One America Movement www.oneamericamovement.org